



## Year 7 PSHE Information Letter

Dear Parent/Carer,

During PSHE in Year 7 we will be covering the RSE curriculum as defined in the legal statutory requirements.

The majority of the teaching will focus on the building of positive safe relationships and will reinforce life skills to support this as well as looking at health. We will cover the changes during puberty, both physically and emotionally. We will also tackle some of the more difficult subjects of bullying, including online bullying and the issue of Female Genital Mutilation. From the point of view of safety we look at consent for young people.

If you have any queries about what will be covered in these lessons please do get in contact with either myself or Ms Young.

Kind Regards

Jayne Biles

Teacher of PSHE