

KS3 GRADE DESCRIPTORS FOR PE

Level	Range of skills	Quality of skills	Physical attributes	Decision making
Advanced	Demonstrates all core skills and many advanced skills for the activity in isolation and under competitive pressure in authentic performance situations.	Core skills are performed consistently with a very good standard of accuracy, control and fluency. The advanced skills demonstrated are performed with some consistently and a very good standard of accuracy, control and fluency.	Demonstrates appropriate levels of physical fitness and psychological control to perform very effectively some of the time.	Successfully selects and uses appropriate skills on many occasions. Applies appropriate team strategies/tactics/compositional ideas demonstrating a very good understanding of the activity. Demonstrates very good awareness of the rules/regulations of the activity during performance. Demonstrates very good regard for the safety of themselves and others. Demonstrates very good awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s). (Team activities only). Communication with other player(s)/performer(s) is good. (Team activities only).
Secure	Demonstrates most core skills and some advanced skills for the activity in isolation and under competitive pressure in authentic performance situations.	Core skills are performed consistently with a good standard of accuracy, control and fluency. The advanced skills demonstrated are performed with some consistently and a good standard of accuracy, control and fluency.	Demonstrates appropriate levels of physical fitness and psychological control to perform effectively.	Successfully selects and uses appropriate skills on some occasions. Applies appropriate team strategies/tactics/compositional ideas demonstrating a good understanding of the activity. Demonstrates good awareness of the rules/regulations of the activity during performance. Demonstrates good regard for the safety of themselves and others. Demonstrates good awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s). (Team activities only). Communication with other player(s)/performer(s) is good. (Team activities only).
Developing	Demonstrates many core skills and few advanced skills for the activity in isolation and under competitive pressure in authentic performance situations.	Core skills are performed limited consistency and some accuracy, control and fluency. The advanced skills demonstrated are performed with limited consistently and often lack accuracy, control and fluency.	Demonstrates sufficient physical fitness and psychological control during performance.	Selects and uses appropriate skills on some occasions. Sometimes applies team strategies/tactics/compositional ideas demonstrating some understanding of the activity. Demonstrates limited awareness of the rules/regulations of the activity during performance. Demonstrates limited awareness for the safety of themselves and others. Demonstrates limited awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s). (Team activities only). Communication with other player(s)/performer(s) is limited. (Team activities only).
Emerging	Demonstrates some skills for the activity and under competitive pressure in authentic performance situations. Few, if any of the advanced skills for the activity are attempted.	Core skills are performed inconsistently and with limited accuracy, control and fluency. Any advanced skills attempted are performed with little success.	Demonstrates limited physical fitness and psychological control during performance.	Selects and uses appropriate skills on few occasions. Rarely applies team strategies/tactics/compositional ideas demonstrating little understanding of the activity. Demonstrates little awareness of the rules/regulations of the activity during performance. Demonstrates little awareness for the safety of themselves and others. Demonstrates little awareness of and response to the strengths, weaknesses and actions of other player(s)/performer(s). (Team activities only). Rarely communicates with other player(s)/performer(s). (Team activities only).

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